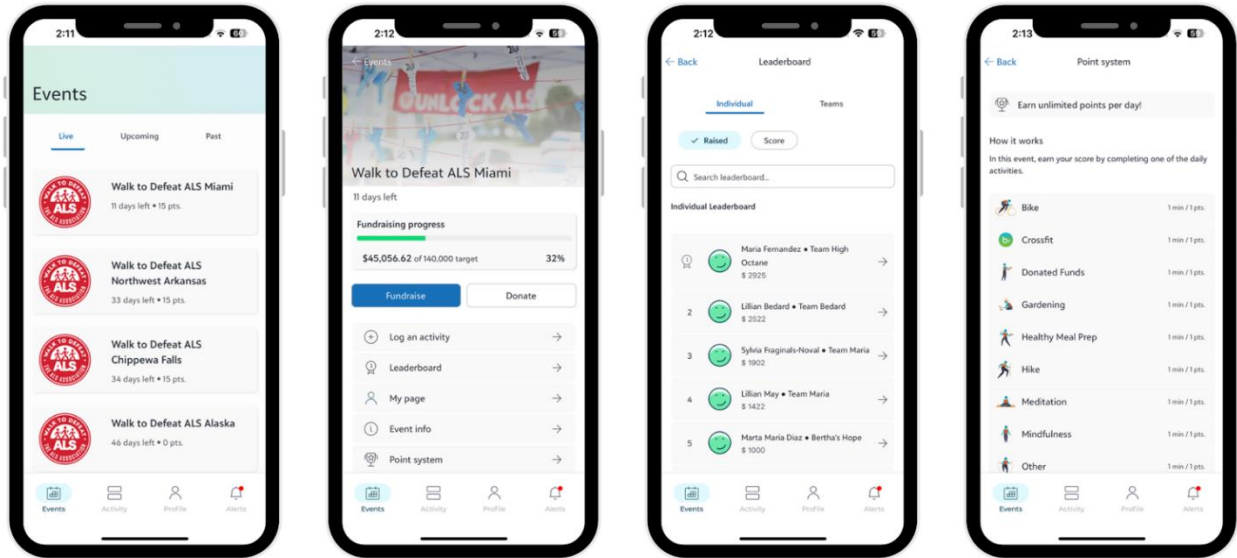




Take your fundraising to the next level with the Good Move™ app! Fundraise from your phone, edit your photo and personal story, track your health and wellness activity, and create friendly competition with other event participants using the leaderboard, all from the palm of your hand!



GETTING STARTED WITH GOOD MOVE

- 1 Register for a **Walk to Defeat ALS** event in your area – [sign up here!](#)
- 2 After registering, you'll receive a **confirmation email** that you've registered for an event with information on how to download the Good Move app.
- 3 **Download the Good Move app** and enter your one-time **passcode** (your passcode will be emailed to you after registration).
- 4 **Once you download the app, you're good to go!** Begin using the mobile app to personalize your story, upload a photo, ask friends and family to join you at the event or donate, and connect to a fitness device such as Apple Health, FitBit, Garmin Connect, Strava, or Under Armour or manually enter your activities.

DOWNLOAD GOOD MOVE ON THE APP STORES OR USE THE QR CODE



Questions? Reach out to your local Walk contact.