

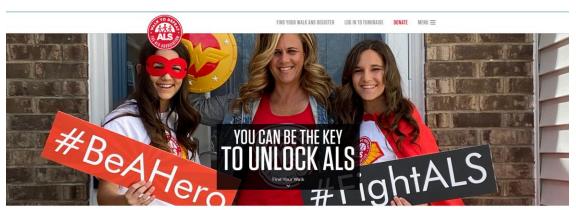
How to Register for the Walk to Defeat ALS



Use this guide to help register for the Walk to Defeat ALS. You can register as an individual, become a team captain by creating a team, or join an existing team.

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Visit www.walktodefeatals.org and find an event by entering your zip code or viewing all walks by state.

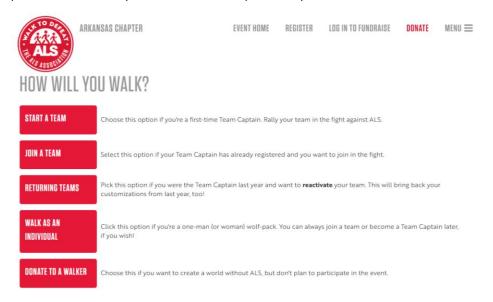




After selecting an event, click on the "register" button on the event website. Here is an example using the Walk to Defeat ALS Central Arkansas:

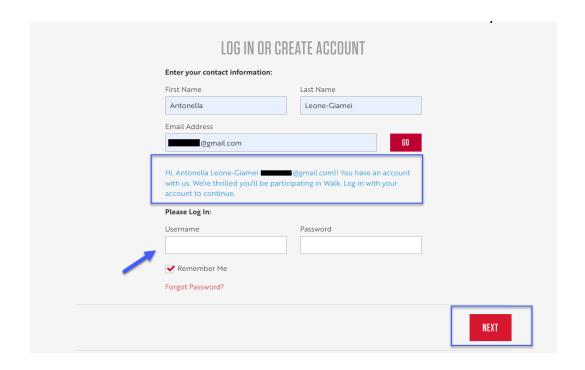


Decide how you will walk! You can become a team captain by starting a team, join an existing team, or walk as an individual. **Note:** if you're a returning team captain, you can select the "**returning teams**" option to reactivate your team from the previous year.

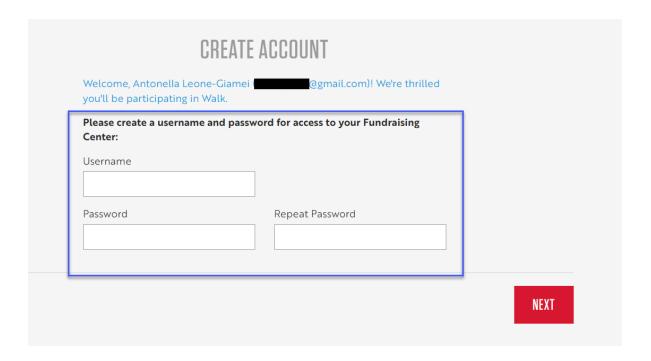


Next, you can **log in** if you have a previous account or **create a new account** by entering your first name, last name, and email address. You may also sign in using your social account (Facebook and Twitter only). Note: if you have registered for an event in the past, the system will prompt you to log in with the log in information you have used previously.

If you have an account from the previous year, please enter your username and password to continuing registering.

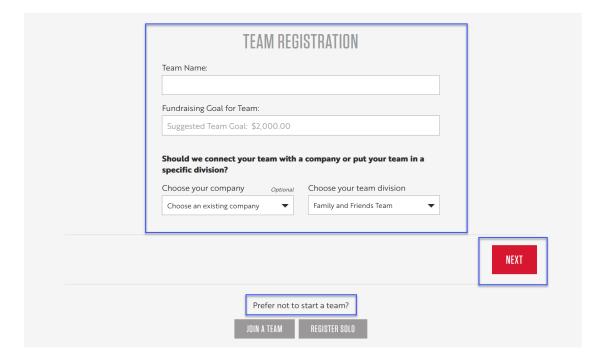


If you are creating a new account, please create a username and password to continue registering.



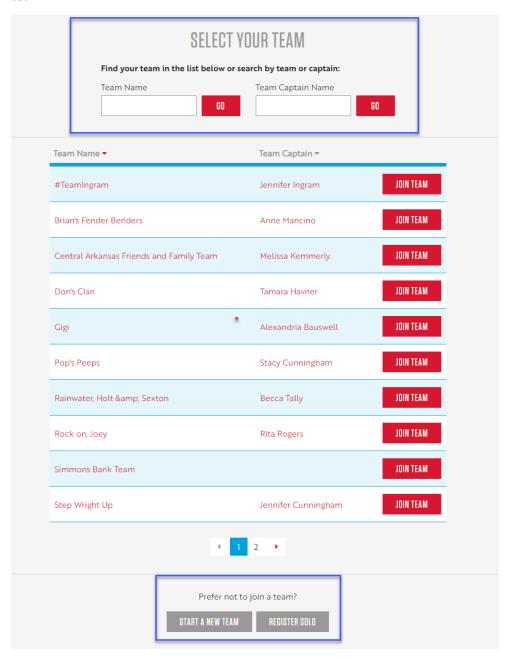
If you selected start a team, you will be asked to create a team name, set a team fundraising goal, select your team division (family and friends team, corporate team, or other type of team), and select your company from the drop down list (if applicable).

Note: you may also join a team or register as an individual walker if you prefer not to start a team.



If you selected join a team, you will see the option to **select a team** by searching by **team name or team captain name** or **scrolling through the list of teams**.

Note: you may also start a team or register as an individual walker if you prefer not to join an existing team.

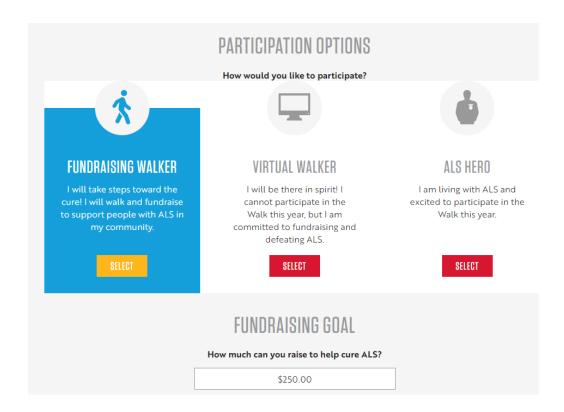




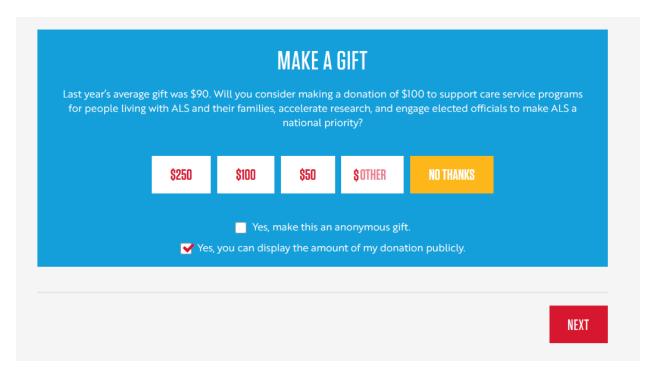
Participation Types:

After deciding how you would like to Walk, you will need to select your participation option. You may select from **Fundraising Walker**, **Virtual Walker**, or **ALS Hero**.

Note: If you selected **walk as an individual**, you will be brought directly to the screen to select your participation options and will not have any team options as mentioned above.

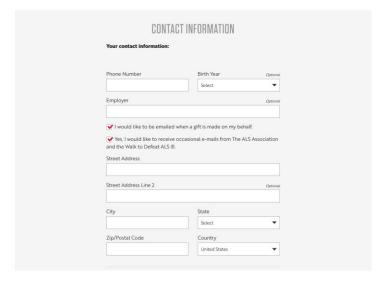


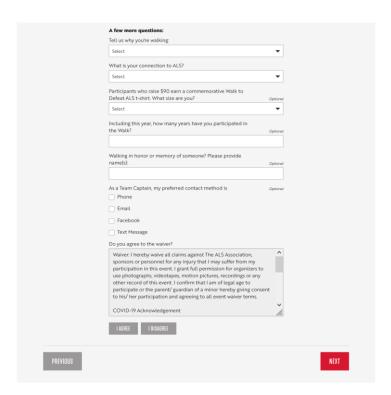
If you wish you donate, you may do so at this time. Making a self-donation kicks off your fundraising efforts and shows others that you're committed to the mission.



After selecting your participation type, you will be asked to enter your contact information to complete your registration such as phone number, birth year (optional), employer (optional), address, as well as agree to the event waiver, and answer questions about why you walk and fundraise with The ALS Association.

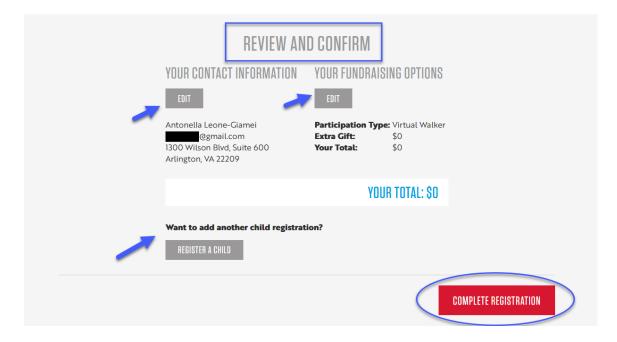
Note: if you already have an account and logged into your account in previous steps, your contact information will be automatically populated but you will need to complete the waiver section.

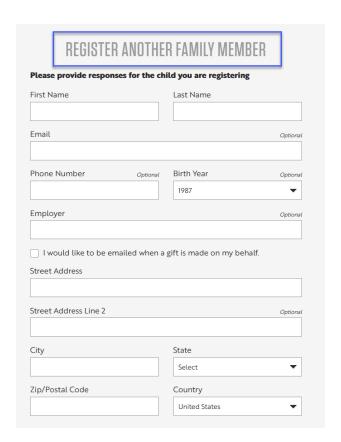




After completing your contact information, review and confirm your selection. You may make any edits as needed to your contact information or fundraising options. Once you are done reviewing, click on **complete registration**.

Note: if you're a parent or guardian and wish to register a child, you can do so at this time within the same registration. Clicking on "register a child" will bring you to a screen to enter the child's contact information.





After registration is complete, you will be brought to your Participant Center where you can update your goal, edit your fundraising page(s), connect your fundraising page to Facebook, send emails to recruit family and friends and ask for donations, download the Walk to Defeat ALS mobile app and more!

Note: Please refer to the Participant Center Overview, How to Edit Your Personal Fundraising Page, and How to Use the Email Center guides for instructions on maximizing your fundraising by using the Participant Center!

