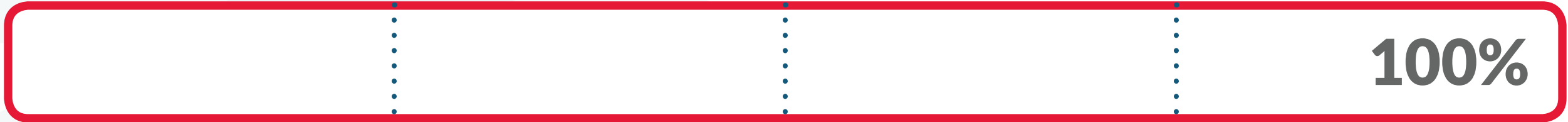




# HELP ME REACH MY GOAL

for the Walk to Defeat ALS®

\$ \_\_\_\_\_



25%

50%

75%

100%

WALK LOCATION: \_\_\_\_\_

TEAM NAME: \_\_\_\_\_

WALKING FOR: \_\_\_\_\_



## FACTS ABOUT ALS

- ALS stands for amyotrophic lateral sclerosis and is more commonly known as Lou Gehrig's Disease
- Every 90 minutes someone is diagnosed with ALS, and every 90 minutes someone loses their battle to this fatal disease
- The average life span after diagnosis is 2-5 years
- Military veterans are twice as likely as the general population to die from ALS
- Living with ALS can cost more than \$200,000 per year