

2024 RAYS OF HOPE SURVIVORS' DAY

Radiant Resilience

NOURISHING BODY, MIND, & SPIRIT

May 23, 2024

BARNEY ESTATE – FOREST PARK
SPRINGFIELD, MA

TICKETS REQUIRED – \$25 PER PERSON

Join us for a transformative evening of healing and empowerment at the 2024 Rays of Hope Survivors' Day event, designed to nourish your body, mind, and spirit.

Nestled in a serene setting, this event offers a sanctuary for survivors to come together in solidarity and support. Learn about rejuvenating programs and services promoting physical strength, flexibility, and inner peace.

Nourish your body with wholesome, delicious foods curated to support your well-being.

Nourish your mind through informative presentations and discussions on medical and research updates with Dr. Grace Makari-Judson, Dr. Prarthna Bhardwaj, and Dr. Jesse Casaubon.

Nourish your spirit through holistic massage therapy and M Technique treatments, a reflective walk along the Labyrinth, an expressive craft activity, shopping therapy, and opportunities for reflection and connection with fellow survivors, including our 2024-25 Co-Chair, Sandy Maybury. Reconnect with your inner strength and celebrate the beauty of life beyond cancer.

The 2024 Rays of Hope Survivors' Day promises to uplift, empower, and renew your spirit. Join us on this journey of healing and radiant resilience.



Rays of Hope

Walk • Run Toward the Cure of Breast Cancer

Baystate Health Foundation

Radiant Resilience

NOURISHING BODY, MIND, & SPIRIT

TICKET ORDER *form*

Contact Details

Contact Name: _____

Phone: _____ Email: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Number of tickets (\$25 each): _____

Payment Details

Payment method:

Check

Credit Card - to order tickets using a credit card go to
<https://bit.ly/ROH24SurvivorsDayTickets>

Survivors' Day is limited to 100 participants.

To reserve tickets, call 413-794-8001 and leave your name, phone number and number of tickets you would like to reserve and if you will pay by credit card or check. Reserved tickets must be paid for by May 21, 2024.

Please make checks payable to Rays of Hope and mail along with this form to ROH Survivors' Day, Baystate Health Foundation, 280 Chestnut Street, Springfield, MA 01199.

**If you have any questions please call Rays of Hope at 413-794-8001
or email Raysofhope@baystatehealth.org**

Survivors Day Event Details

You will not receive physical tickets. Your name, and the name(s) of your guests if any, will be on the attendee list at the registration table when you arrive at the event.

**THURSDAY, MAY 23, 2024
CARRIAGE HOUSE AT THE BARNEY ESTATE,
FOREST PARK, SPRINGFIELD, MA
5:30 – 8:00 PM**

