



## Body Marking Guidelines

### Timing & Location Details

- Arrival time: 5:00am
- Start Line Location: Cisco Brewers Kitchen & Bar
  - 1482 E Rodney French Blvd, New Bedford, MA 02740

### Primary Body Marking



- All swimmers must have Body Marking on **RIGHT HAND**.
- They must show their right hand to callers as they enter and exit the chutes
- Write number horizontally, not vertically, across hand (see image on the left)
- If a swimmer is wearing gloves and a long-sleeved wetsuit, mark **NECK** above collar line on **RIGHT SIDE**
- **If under 21, place an "X" after the number: "412X"**
- Keep numbers **SIMPLE** (I instead of 1), and **DO NOT** add any smiley faces or extra markings

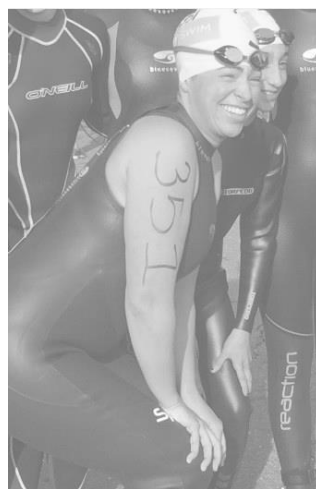
### Secondary Body Marking

If additional skin is exposed, volunteers must also mark **RIGHT arm**. Write number vertically, not horizontally, on UPPER ARM.

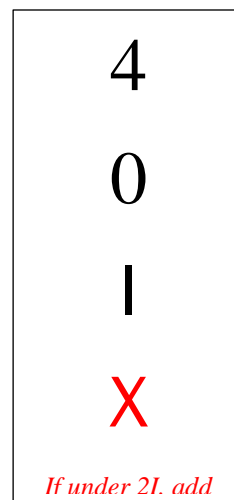
YES



NO



UNDER 21=X



After body marking, please direct your swimmer to proceed to **Chip Distribution** to pick up their chips. This is a large black board on a tripod at the water-end of the Check-in station.

**THANK YOU for helping to keep our swimmers safe!**