



## Rules of The Road

Your safety is our most important concern during the Watershed Ride. Riding in a group is very different from riding on your own. We expect riders to ride responsibly and to use these guidelines:

- **Obey all traffic laws** and regulations, including coming to a full stop at stop signs and traffic lights.
- **Wear a helmet** at all times while on your bike.
- **Ride on the right.** Maintain a safe distance between you and other riders.
- **Ride single file** unless passing. Only pass when safe to do so and always to the cyclist's left, saying "**On your left**" to alert them. Alert other riders about overtaking vehicles by calling "**Car back**".
- Signal turns, or intentions to slow or stop, well in advance. **Use hand signals** (preferable with your left arm) to let people know you plan stop or turn. Also consider hand signals to point out hazards such as sand, gravel, grates and glass. Often hand signals will be more effective than calling out in these cases. Use verbal communications when necessary,
- Use **reduced speeds on bike paths** and the Cape Cod Canal. Yield to slower traffic.
- **Do not use earphones or use your cell phone** while riding. If you must make or receive a call or text you must safely stop and pull off the road to do so.
- **Allow pedestrians the right of way** and communicate with them as necessary when approaching them.
- Route markings for the Watershed RIDE are orange: look for **orange arrows spray painted on the pavement** indicating turns. Key turns will also be staffed with volunteers and/or yard signs with **orange "Bike for Clean Water" arrows**.