



BCAN FALL SUMMIT FOR PATIENTS & FAMILIES

PHILADELPHIA | 2024

FRIDAY, NOVEMBER 1 & SATURDAY, NOVEMBER 2, 2024

Sonesta Philadelphia Rittenhouse Square
1800 Market Street | Philadelphia, PA 19103

FRIDAY, NOVEMBER 1, 2024

8:30 – 10:00 | **Registration - Meet & Greet Hour.** Check in, meet the BCAN team, pick up sponsor information and enjoy a hot beverage along with a bagel or muffin with some authentic Philly cream cheese!

10:00 – 11:00 | **Welcome remarks** – with BCAN CEO, Andrea Maddox-Smith.

Empowering Patients: Exploring BCAN's Innovations in Bladder Cancer Support. Discover the newest offerings from BCAN to support you in understanding and coping with your diagnosis. Join BCAN's Director of Education and Advocacy, Stephanie Chisolm, PhD, and Senior Manager, Patricia Rios, MPH, as they unveil programs, products, and services tailored to your needs.

11:00 – 12:00 | **Navigating Survivorship: BCAN's Survivorship 101 Update with Expert Practitioners.** Nurse Practitioners Mary Dunn, MSN, NC-P, OCN, RN from the University of North Carolina, and Krisztina Emodi, FNP MPH CNS from the University of California, San Francisco Health are co-chairs of BCAN's Survivorship Task Force. Survivorship after bladder cancer entails a multifaceted journey encompassing physical, emotional, and practical aspects. Mary and Krisztina provide an insider's look into the latest developments and resources available through BCAN's Survivorship 101 program.

12:00 – 1:30 Lunch – with BCAN highlights

1:30 pm -2:30 | **Beyond Bladder Cancer: Nurturing Urinary and Bladder Health Post-Treatment.** Join urologists Dr. Katherine (Kate) Shapiro, MD from Robert Wood Johnson Barnabas Health, and Dr. Saum Ghodoussipour, MD from Rutgers Cancer Institute to learn about managing bladder and urinary health after bladder cancer treatment. Even after treatment, it's crucial to prioritize bladder health, as issues like urinary tract infections (UTIs), incontinence, and bladder spasms can still occur. In this session, you'll gain valuable insights into what you need to know to maintain optimal urinary health post-treatment. Don't miss this opportunity to learn from experts and take charge of your bladder health journey.

2:30 pm – 2:45 | BREAK

2:45 pm – 4:00 | **Embracing Wellness: Managing Stress and Anxiety After Bladder Cancer.** A bladder cancer diagnosis can evoke a range of emotions, from fear and uncertainty to grief and adjustment challenges. Understanding and addressing these emotional responses are essential for holistic healing and long-term well-being. Health Psychologist Pamela Handlesman, Psy.D. teams up with Stephanie Chisolm to address the crucial topic of managing stress and anxiety after bladder cancer diagnosis and treatment. This session aims to shed light on the often-overlooked mental health aspects of bladder cancer survivorship and provide valuable guidance on coping strategies and support services available.

4:00- 4:15 pm | BREAK

4:15 pm – 5:30 | **Crossing the Intersection of Bladder Cancer Treatments and Sexuality.** Chemotherapy, surgery, and other bladder cancer interventions can significantly alter both the physical and psychological aspects of sexuality, presenting unique challenges for patients and their partners. Join University of Pennsylvania's urologist, Trinity Bivalacqua, MD, PhD, and therapist Daniela Wittmann, PhD, LMSW, from the University of Michigan, for an insightful discussion on the intricate relationship between cancer treatments and sexuality.

5:30 – 8:00 | Happy Hour and Dinner

SATURDAY, NOVEMBER 2, 2024

8:00 - 9:00 | **Forming friendships, finding answers.** Breakfast is served with a side of volunteer opportunities and the chance to pick up information from our Summit sponsors.

9:00– 10:00 | **Journey to Survivorship: Insights from Bladder Cancer Survivors and Advocates.** Join us for an inspiring and informative session where long-time bladder cancer survivors generously share their invaluable tips and tricks for navigating the journey to survivorship. Guided by BCAN patient advocates, you'll glean practical suggestions and heartfelt advice to help you on your own path. Moderated by Patricia Rios and Stephanie Chisolm, this session promises to uplift, empower, and equip you with the tools needed to thrive beyond bladder cancer diagnosis.

10:00 – 10:30 | BREAK

10:30- 12:00 | **Navigating Bladder Cancer Surgery: A Comprehensive Guide to Enhanced Recovery.** Join urologist Dr. Saum Ghodoussipour, MD from Rutgers Cancer Institute as he expertly guides us through the intricate landscape of bladder cancer surgery. From the initial Transurethral Resection of Bladder Tumor (TURBT) to the more radical procedure of cystectomy, Dr. Ghodoussipour will shed light on the various stages and approaches to treatment. Learn about Enhanced Recovery After Surgery (ERAS) and its pivotal role in optimizing patient outcomes.

12:00 - 1:00 | Lunch

1:00 pm – 2:30 | **Advancements in Bladder Cancer Research: A Conversation with Leading Experts.** Bladder cancer research is advancing rapidly, with groundbreaking discoveries and innovative treatments offering new hope to patients and their families. Join us for a compelling session featuring Armine Smith, MD, urologist from the Johns Hopkins Greenberg Bladder Cancer Institute, and Matthew Zibelman, MD, medical oncologist from the Fox Chase Cancer Center. They will be joined by BCAN's Director of Research, Rebecca Johnson, MPH, to explore the latest breakthroughs and promising research in the diagnosis and treatment of bladder cancer.

2:30 – 3:00 | Closing remarks

