

FOR
SURF
CF



CYSTIC FIBROSIS FOUNDATION

FOAMIES ONLY CONTEST FACTS

- **Check-in time: 9:00 AM, Start time:10:00 AM**
- Teams are comprised of 4 surfers. Each surfer must commit to raising or donating a minimum of \$150. All surfers who reach \$150 will receive a 2024 Surf for CF sweatshirt!
- The contest will be judged on a point system. The three teams with the highest points at the end of the open rounds will advance to the Finals to compete for prizes.
- Points will be awarded for catching a wave, dance moves, pirouette, switchstance, hang 5, cockroach/coffin/driving a car, headstand, hang 10 and a party wave.
- **PLEASE REMEMBER:** This is a Foamies Only surf competition. **PLEASE BRING YOUR OWN FOAM BOARD TO SURF.**

We have LIMITED space and can only allow 18 TEAMS to compete in this years' contest so please be sure to sign your team up quickly so as not to miss out on this exciting event and fun day in the sun supporting the Cystic Fibrosis Foundation!