

Contact

Phyllis Foxworth, DBSA Advocacy Vice President
(312) 988-1165 • PFoxworth@DBSAAlliance.org
FOR IMMEDIATE RELEASE



Depression and Bipolar
Support Alliance

Michael Pollock Named CEO for Depression and Bipolar Support Alliance

CHICAGO, May 8, 2018—Michael Pollock has been named the chief executive officer for the Depression and Bipolar Support Alliance (DBSA), the nation's leading peer-directed national organization focusing on the two most prevalent mental health conditions, depression and bipolar disorder. Pollock is currently Vice President, Workplace Strategies & Partner Engagement at the National Safety Council and has more than 20 years' experience leading nonprofit organizations. The appointment is effective June 1, 2018.

"We are delighted to welcome Michael Pollock, who is a strategic, business-minded executive with a strong commitment to our mission. He is a communicator and leader, with a track record of working effectively with affiliate organizations like our chapters," said Mike Kuhl, DBSA's board chair.

"I am honored for this opportunity to build on the success of the organization's 33-year history and to help deliver on its vision to influence positive change across the mental health landscape and ultimately empower people with mood disorders to lead full, meaningful lives," stated Pollock.

Members of Michael's family have been impacted by depression, bipolar, and other related diagnoses so he understands on a personal level the impact DBSA can have on the lives of people with a mood disorder. Pollock also spent 14 years at United Way, mostly in metropolitan Chicago, where he was responsible for increasing corporate, individual, and major gifts, and was part of the leadership team instrumental in implementing the merger of separate organizations into one area United Way. In addition, he previously was responsible for external affairs at Thresholds, a well-known Chicago organization that provides healthcare, housing, and support for people with mental health conditions and substance use disorders.

Pollock holds a BS in business administration and MS in organizational development from Bowling Green State University, in Bowling Green, Ohio.

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The Depression and Bipolar Support Alliance (DBSA) strives to improve the lives of people living with mood disorders. The organization fosters an environment of understanding of the impact and management of these life-threatening conditions by providing up-to-date, scientifically based tools and information; supports research; and works to ensure that people living with mood disorders are treated equitably. Assisted by a scientific advisory board comprising leading researchers and clinicians in the field of mood disorders, DBSA has more than 600 peer run support groups across the country. Hundreds of thousands of people are assisted each year with in-person and



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online peer support; readily understandable and current information about depression and bipolar disorder; and empowering tools focused on an integrated approach to wellness.

For more information, please visit www.DBAlliance.org or call (800) 826-3632.