

INTEGRATED Health Magazine

"A Multi-Dimensional Approach to Physical and Behavioral Health"

**CERNER - 4 INSIGHTS
ON BUILDING
A SUCCESSFUL
HEALTHCARE DATA
STRATEGY**

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FROM A REGULATORY
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HEALTH A
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**THE FUTURE OF
DIGITAL AND
ARTIFICIAL
INTELLIGENCE
AND MUCH
MORE!**



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INTEGRATED HEALTH



Angela Giles,
LCSW, DBH

Dr. Angela Giles, DBH, LCSW, is a Behavioral Health and Integrated Care leader. She has over 20 years of experience in program development, design, and evaluation in the VA. She facilitated the Primary Care Mental Health Integration (PCMHI) Program at the Hampton Veterans Medical Center, and for the past decade, she has been involved in cutting-edge VA National initiatives in the field of Behavioral Health and Integrated Care. She specializes in evidenced-based interventions that address diabetes and depression to improve health-related outcomes. Dr. Giles is also a faculty associate in the Doctor of Behavioral Health Program at Arizona State University, where she teaches courses on Veteran's Health and Clinical Internship.

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Integrated Care Excellence Award

Dr. Giles is awarded the Integrated Health Excellence Award for her contribution to the advancement of Integrated Health with the VA. Dr. Giles' assessment and employing interventions can lead to improved Integrated Care outcomes. Dr. Giles is passionate and committed to Integrated Care delivery for men and women in uniform and their families. She is a notable adjunct professor with Arizona State University, where she continues to educate and contribute to the Integrated Health Body of Knowledge.



Dr. Bayley Raiz
DBH, MBA, MSW

Dr. Bayley Raiz, DBH, MBA, MSW, is the national director of care coordination for Medicaid and vulnerable populations with Kaiser Permanente (KP). He works extensively with KP markets on improving care for Medicaid patients. Previously, he served as the executive director of enterprise, mental health, and social care management at Providence Saint Joseph Health. Both of these roles and his prior experiences have led to his expertise in developing programs and strategies responding to the needs of vulnerable patients. This work includes addressing mental health, substance use, and social needs concurrently across the care continuum.

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Integrated Health Excellence Award

Dr. Raiz is the executive leader for integrating Behavioral and Social Care across the continuum by ensuring clinical excellence, operating efficiency, and quality outcomes at Kaiser Permanente. He spent 11 years as a principal consultant at Raiz Consulting, where he facilitated integrated health in Community Health Centers (CHCs), Community Behavioral Health Centers (CBHCs), and other agencies. Dr. Raiz is a dedicated leader and a continuous advocate for Integrated Health, Behavioral Health, and social care expansion. Dr. Raiz continues to contribute and advance Integrated Behavioral Health from a multidimensional perspective of leader, provider, and advocate.



Dr. Krystal L. Culler,
DBH, M.A.

Dr. Krystal L. Culler, DBH, MA., is the Founder of the Virtual Brain Health Center. She is a social gerontologist who helps aging adults live active, vibrant lives. She has an unwavering commitment to promote brain health equity to individuals of all ages in the communities she serves. She holds a Doctorate of Behavioral Health from Arizona State University, a Master's degree in Psychology of Adult Development and Aging with a Graduate Certificate in Gerontology from the University of Akron, and a dual bachelor's degree in Gerontology and Sociology with a minor in Developmental Psychology from Youngstown State University. Dr. Culler has spent over a decade providing innovative programs and services across the aging care continuum.

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Integrated Health Excellence Award

Dr. Culler has over 15 years of experience working with individuals with brain health concerns, their families, and advocacy organizations, and has spent over a decade providing innovative programs and services across the aging care continuum. She has a passion and unwavering commitment to promote brain health equity to individuals of all ages and the communities she serves. Dr. Culler is recognized for her commitment to Physical and Behavioral Health Integration at her virtual Brain Health Center.

EXCELLENCE AWARD



Dr. Fanike-Kiara
Olugbala Young,
DBH, LCSW, C-ASWCM

Dr. Fanike-Kiara Olugbala Young, DBH, LCSW, C-ASWCM is a Doctor of Behavioral Health and Licensed Clinical Social Worker that specializes in Behavioral Health Integration, training, mental health, and mental illness. Her passion is the healthy development of adolescent females and women physically, mentally, socially, and spiritually. She strives to promote the integration of health care within medical clinics and healthcare facilities via consulting projects as well as through her private practice, Keys to A Better Chance, LLC.

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Integrated Health Excellence Award

Dr. Young has traveled internationally to China, India, Brazil, Ghana, Nigeria, Costa Rica, and a host of other countries to examine and assist with improving the health care systems: specifically Mental and Integrated Health. Dr. Young continues to contribute and advance Integrated Behavioral Health from a multi-dimensional perspective of leader, provider, advocate, and through academia.



Dr. Jessica Matthews
DBH, MS, NBC-HWC, DipACLM

Dr. Jessica Matthews, DBH, MS, NBC-HWC, DipACLM is an associate professor and director of the Master of Science in Integrative Wellness program at Point Loma Nazarene University. Dr. Matthews serves as director of Integrative Health coaching at UC San Diego Health. There, she leads the development, delivery, and management of health coaching within clinical practice and integrative nutrition research. This includes overseeing a team of board-certified health and wellness coaches in the Centers for Integrative Health. Dr. Matthews received her Doctorate in Behavioral Health with a focus in clinical integrated care from Arizona State University, and she holds numerous professional certifications, including those of a national board-certified health and wellness coach (NBC-HWC) and certified lifestyle medicine professional (DipACLM).

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Integrated Health Excellence Award

Dr. Matthews is a renowned educator known for her commitment to mind-body wellness. She has developed and implemented graduate degree and certificate programs at several colleges in Southern California, in addition to creating and teaching courses in areas such as lifestyle medicine, health behavior change, and mind-body medicine. A recognized leader and passionate advocate for whole person health, Dr. Matthews serves on the board of directors for the American College of Lifestyle Medicine (ACLM) and the National Board for Health and Wellness Coaching (NBHWC). Dr. Matthews is committed to the advancement of emotional, mental, and physical well-being.



Dr. Yvette Jackson
LMSW, DBH

Dr. Yvette Jackson, LMSW, DBH is the executive Director of Devereux Behavioral Health in Arizona, where she oversees the care and treatment of more than 4500 children and adolescents each year. Dr. Jackson is a faculty associate at Arizona State University, where she instructs graduate-level students in social work. She is a member of the Arizona Council of Human Service Providers Board of Directors. She is also a board member of the Tucson LGBT Chamber of Commerce Foundation. She has served on the Wingspan LGBTQ Community Center Board, the Tucson Centers for Women and Children (renamed: Emerge) Board, and is a former board member of Planned Parenthood of Southern Arizona.

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Integrated Care Excellence Award

Dr. Jackson continues to contribute and advance Integrated Behavioral Health from a multi-dimensional perspective of leader, provider, and advocacy. Jackson has been awarded the Integrated Health Excellence Award due to her contribution to the advancement of Behavioral Health and Integrated Health in academia at Devereux and through her commitment to health equity with the LGBTQ+ population.