Youth Opportunities Unlimited (YOU) is a non-profit organization serving youth ages 15-29 in London Middlesex. Their mission is to help youth to build their skills, confidence, and independence so that they can reach their full potential.

Funds raised from the 2018 Western HHTH tournament will be utilized for four programs run out of YOU’s Transition Services; YOU Belong, Girls Creating Change, Man Made, and Kindermusik. Each of these discussion-based groups provide vital positive social and inclusion opportunities for youth experiencing poverty, homelessness, and social isolation. Participation in these groups is oftentimes transformative for young people, who receive support with challenging situations, become engaged with community participation, and can then begin to pursue education, employment, and other life goals.

**INTENDED OUTCOME**

Each and every year over 500 local youth are participating in these four key programs! This number is representative of success for YOU, but the real outcomes are generated when you witness youth developing their confidence, their skills, and positive connections with their peers and group facilitators. Success is also seen when you see youth leading and engaging other youth, developing their own connections in the community, and connecting with their Career Services for education and employment support.