



Dr. Daniel El-Bogdadi, MD
Arthritis & Rheumatism Associates – Washington, DC

Dr. El-Bogdadi is rheumatologist at Arthritis & Rheumatism Associates and is an Assistant Clinical Professor of Medicine at Georgetown University. He loves to practice medicine by allowing patients to take an active role in their care decision making and he thinks “outside the box” of traditional medicine and therapies. He has a special focus on the role of environmental and dietary factors in eliciting and perpetuating autoimmune diseases. He has been caring for Sjögren's disease patients for over 20 years. He was the keynote speaker for a past Northern Virginia Sjögren's event.



Dr. Michelle Hessen, OD, FAAO
Ocular Surface Diseases and Dry Eye Clinic, Wilmer Eye Institute at
The Johns Hopkins Hospital – Maryland & Washington, DC

Dr. Michelle Hessen is an assistant professor of ophthalmology at the Wilmer Eye Institute at Johns Hopkins Hospital and is a member of the Ocular Surface Disease and Dry Eye Team in the Cornea division. Dr. Hessen specializes in dry eye associated with various conditions including graft versus host disease, exposure keratopathy, and auto-immune conditions such as Sjögren's disease. She also treats patients with blepharitis and allergic conjunctivitis. She has been caring for patients with complex ocular surface disease for over 13 years.



Dr. Maya Bachour, DDS
Loudoun Smile Center – Loudoun County, Virginia

Dr. Bachour is a Dentist at Loudoun Smile Center. Her mission is to keep every patient healthy and look and feel their best. She provides compassionate and excellent dental care with optimal clinical results. Since 2014 she has supported Sjögren's patients and is committed to complete health dentistry and the mouth-body connection as featured in her first book, “Save A Smile, Save A Life: How Complete Health Dentistry is Revolutionizing America.”